Southern Ontario College of Osteopathy Understanding the Principles of Manual Therapy.

Integration of the osteopathic approach to diagnosis and treatment into current health practices.

(Course outline) 23 hours total

Theory 11 hours:

- 1. History of manual therapy osteopathy
- 2. Manual therapy osteopathic philosophy
- 3. Manual therapy osteopathic terminology
- 4. Embryology
- 5. Basic principles of biomechanics.
- 6. Barrier concept
- 7. Central, autonomic and peripheral nervous system
- 8. Principles of neurophysiology
- 9. Medical imaging
- 10. Ergonomics in manual therapy osteopathy
- 11. Professional ethics, Practitioner/Patient relationship

Practical 12 hours:

- 12. Manual therapy osteopathic assessment
- 13. Palpation
- 14. General (Global) listening
- 15. Clinical osteopathy (Clinical and structural diagnosis)
- 16. Models of osteopathic care
- 17. Introduction to manual therapy and osteopathic treatment techniques
- 18. Integration of the osteopathic approach to diagnosis and treatment into current health practice.

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